Synergy Saturday Impact Report

Prepared for Donor-Advised Fund (DAF) Supporters October 2022 – May 2025









Highlights of Community Impact

- 144 student healthcare professionals contributed 1,070 hours of service.
- 19 Preceptors donated 275 hours over an average of 7 months each.
- 21,855 free health screenings since 2015; 6,879 screenings in the past 20 months.
- **503 patients** successfully enrolled in follow-up care (47% enrollment rate).
- 847 meals and 224 evidence-based nutrition guides distributed.
- **2,228 cups** served across 76 community events in our *Coffee & Conversation* series, valued at \$9,556.80.

Experiential Learning Outcomes

Student & Preceptor Engagement

- Students: 144 total | 1,070 hours | Avg. 2-month commitment.
- Preceptors: 19 total | 275 hours | Avg. 7-month mentorship.

Why It Matters

This hands-on learning model amplifies both community impact and professional development for future healthcare providers.

Free Screenings Impact

Recent App-Supported Results (Sep 2023 – May 2025)

- **6,879 screenings** across 87 events.
- **920 unique patients**, avg. 10 per event.
- 49 free mental health screenings (9.5% of eligible).
- **36 mental health-focused events** (41.4% of total events).

Long-Term Screening Growth

From 200 in 2015 to over 4,800 annually in 2023 and 2024.

Why It Matters

We provide access to essential preventive care, especially in under-resourced communities, using scalable technology.

Patient Navigation & Wraparound Services

Fulfillment Data (Jul 2024 - May 2025)

- 503 patients enrolled in care.
- 847 healthy meals distributed (avg. 32.6/day).
- 224 chronic illness guides provided (avg. 3.4/day).
- 129 patients (12%) did not complete fulfillment.

Why It Matters

We go beyond screenings, ensuring patients get continued support, nutrition guidance, and ongoing care.

X Coffee & Conversation

Community Wellness by the Cup

- 2,228 cups served over 76 events.
- Daily average: 29 cups
- **Program Value:** \$9,556.80
- Premium drinks offered: Dark Coffee, Plus Coffee, Premium Coffee, Cocoa (Plus/Dark), Cider (Dark)

Why It Matters

These events build trust, reduce stigma around health conversations, and offer a consistent space for connection and healing.

What Your Support Made Possible

DAF Contributions Empowered Us To:

- Launch and sustain our *mobile screening app*.
- Equip and train 144 students and 19 preceptors.
- Deliver 6,879 screenings and follow-up navigation.
- Provide meals and educational tools to patients in need.
- Sustain mental health-focused programming across 41% of events.
- Host warm, welcoming spaces for dialogue and mental well-being.

Thank you for investing in measurable, meaningful impact.

